

# The Detox Booth

at Beechdown Day Spa



## **The Detox Box for wellness.**

Today, studies show that most of us have between 400 and 800 chemical residues stored in the fat cells of our bodies. These chemicals and heavy metals make up the "total toxic burden". When our bodies exceed the limit that we can excrete, we begin to store these toxins. This bioaccumulation seriously compromises our physiological and psychological health and leads to chronic disease.

The Detox Box uses safe and naturally occurring far infrared rays that effectively detoxify the body of many life-long accumulated toxins and heavy metals.

## **Why is The Detox Box better than a normal sauna?**

The Detox Box has been developed to improve health. Unlike traditional saunas it uses far infrared rays and is made from hypoallergenic material. This combination means that it:

- operates effectively at the comfortable temperature of between 30-45°C
- enables the body to produce more sweat than in a traditional sauna without the need for high temperatures
- will assist in the clearing of cellulite, improving skin tone, helping with weight management and energising the body whilst relaxing the mind.

Designed in Australia by High Tech Health, The Detox Box has evolved as the market leader by offering superior quality, value for money, energy efficiency, product effectiveness and supportive after-sales service.